



KIRK★FRANKLIN THE FIGHT OF MY LIFE
IN STORES DECEMBER 18TH



show recaps



Video Gallery

Watch clips from your favorite episodes.



Photo Gallery

Exclusive behind-the-scenes photos!



TYRA in Two

Catch up on The Tyra Show in only two minutes!



Podcasts

MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY

Tuesday, October 30, 2007

"Travel Show"

SHOW RECAP



Learn the best way to travel stress-free! After years of traveling around the world,




HILARY SWANK GERARD BUTLER

P.S. I Love You

IN THEATERS
DECEMBER 21





navigating through airports and keeping sane in small airplane seats, Tyra is ready to share her travel secrets! She demonstrates the difference between rolling your clothes and packing pancake style – giving one chronically bad packer the skills to keep that luggage light. She also shows travelers how to stay stylish for days with just seven articles of clothing. Tyra even helps a woman who has a fear of flying face her phobia with extreme therapy. Then, learn travel etiquette, how to fly for the price of a bus ticket and the newest travel products that give germaphobes peace of mind. Plus, Tyra surprises her audience with a gift that has them flying out of their seats. It's a good thing Tyra asked them to bring a packed suitcase! It's Tyra's biggest giveaway EVER – and you'll have a chance to win it on Tyrashow.com!

GUESTS

Ambra, Always overpacks

Andre, Husband of a chronic overpacker

Jennifer, Terrified of flying

Eric, Wife is terrified of flying

Dr. Robert Reiner, Clinical Psychologist who specializes in helping people who are afraid to fly

www.behavioralassociates.com

Kendra Thornton, Travel Pro

www.thorntonpr.com

Betsy Seal, Buyer for Flight 1

www.flight001.com

BACKSTAGE SECRET

The Tyra audience doesn't always know what show they're attending. But when the Tyra staff asked them to bring a packed suitcase, they may have gotten an idea!

WHAT TYRA WORE

[CLICK HERE](#) to get Tyra's fierce fashion from today's episode!

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